

THE OFFICIALLY UNOFFICIAL

VOICE OF SWEATS ONLY



★ THE ★ DYNASTY DISPATCH ★ BY ROSTER MCROSTERFACE ★

20-TIME PRESEASON FAVORITE • 0-TIME CHAMPION

ISSUE NO. 001 | WEEK -1 | POST-ROOKIE DRAFT EDITION

JULY 2026

FROM THE EDITOR

Welcome to the inaugural edition of The Dynasty Dispatch, the newest and therefore most authoritative publication covering Sweats Only. The rookie draft is complete, optimism remains undefeated, and all fourteen franchises have independently concluded that they found at least one future Hall of Famer. Last season's weekly power rankings survived until approximately Week 10 before being placed on personal-life injured reserve; this year's editorial staff returns with improved conditioning, a professionally designed badge and no meaningful contingency plan. For now, everyone is healthy, everyone is a contender and nobody has been forced to explain why their rookie linebacker played twelve defensive snaps.

ROSTER'S NOTES

The difference between a championship roster and a rebuilding roster is usually one injury, two bad trades and whether the person describing it owns the players involved.



2026 PRESEASON RESEARCH BULLETIN

ROOKIE-DRAFT SATISFACTION 100%



IDP CONFIDENCE 93%



IDP CERTAINTY 17%



Managers who believe they drafted a steal 14

IN THIS ISSUE

- The complete post-draft power rankings
- Post-draft honors and official research
- The Week -1 matchup nobody can avoid
- Rumors sourced from somewhere near a break room

TIER I - THE CHAMPIONSHIP STANDARD

1

JSQUARED

WINDOW: Defending Champion - Championship Favorite
DRAFT WEEKEND: No selections
FUTURE FLEXIBILITY: The bill has been forwarded to a later address

The crown remains with Jsquared until somebody removes it by force. Caleb Williams and Kyler Murray provide the Superflex foundation, Jonathan Taylor and Derrick Henry provide the weekly blunt-force trauma, and the receiver room of CeeDee Lamb, Jaxon Smith-Njigba and Drake London appears to have been assembled after turning salary-cap restrictions off. Brock Bowers at tight end is simply unnecessary showing off.

The roster made no rookie selections and has almost no premium 2027 capital. That would be alarming for a normal franchise. Jsquared is not currently operating as a normal franchise; it is operating as a defending champion that has chosen to leave Future Jsquared a voicemail.

THE QUESTION: Can the veteran running backs hold long enough for Sweats to witness its first repeat champion?

2

POULTRY SCIENCE

WINDOW: Championship Contender
DRAFT WEEKEND: Skyler Bell and Elijah Sarratt
FUTURE FLEXIBILITY: Healthy enough to sleep at night

The inaugural champion is no longer allowed to play the underdog card. Jayden Daniels, Bijan Robinson, Brian Thomas Jr. and Ladd McConkey give Poultry Science one of the league's cleanest young offensive foundations. James Cook, Cam Skattebo and Xavier Worthy add the sort of depth that makes lineup decisions annoying for the right reasons.

The defense is equally irritating. Brian Branch is an elite DB cornerstone, while Nik Bonitto, Josh Hines-Allen, Terrel Bernard and Zack Baun are built to harvest the sacks, tackles for loss and forced fumbles that this scoring system pays like commissioned sales.

THE QUESTION: Was the 2024 championship a surprise, or merely the first warning?

3

HANDYJALLDAY

WINDOW: Championship Contender
DRAFT WEEKEND: Observed quietly from a secure location
FUTURE FLEXIBILITY: No premium 2027 picks, no visible panic

Patrick Mahomes. Justin Jefferson. De'Von Achane. Micah Parsons. Handyjallday has placed an elite asset at nearly every important position and then surrounded them with a younger wave featuring Quinshon Judkins, Luther Burden, Emeka Egbuka and Colston Loveland.

The roster passed entirely on the rookie draft, which can either be interpreted as tremendous confidence or an elaborate protest against acquiring new players. The missing 2027 first and second make the current window especially important, while Tua Tagovailoa's stability could determine whether this team lives comfortably in the top tier or develops a weekly Superflex headache.

THE QUESTION: Is this the league's most balanced roster - or one quarterback problem disguised by several superstars?

TIER II - FULLY ARMED AND AUTHORIZED TO CONTEND

4

MAYETHEFORCEBEWITHME

WINDOW: Championship Contender

DRAFT WEEKEND: Jonah Coleman, Akheem Mesidor and Jake Golday

FUTURE FLEXIBILITY: Mostly intact

Ja'Marr Chase, Puka Nacua and Malik Nabers constitute a receiver room that should require a zoning permit. Drake Maye gives the franchise a young quarterback capable of anchoring the roster for years, and the defense features Abdul Carter, Roquan Smith, Nick Bolton and Tyler Nubin.

The soft spots are obvious. The second quarterback position currently rests heavily on Daniel Jones, while David Montgomery, Alvin Kamara and James Conner form a running-back room that offers immediate production and several reminders that time is undefeated.

Fortunately, wide receivers score points even when the running backs have begun receiving mail from the AARP.

THE QUESTION: Can overwhelming receiver strength erase uncertainty at QB2 and running back?

5

THE DUDES

WINDOW: Championship Contender

DRAFT WEEKEND: David Bailey and Ja'Kobi Lane

FUTURE FLEXIBILITY: Currently being used to compete now

Lamar Jackson gives The Dudes access to weekly scores that resemble clerical errors. Jared Goff is an excellent second quarterback, while Bucky Irving, Breece Hall, Nico Collins and Tetairoa McMillan provide a young skill-position foundation with both immediate production and long-term value.

Will Anderson, Mason Graham and Travon Walker give the defensive front considerable disruption potential, with rookie David Bailey joining the experiment. The Dudes do not own a 2027 first or second, but future picks are most enjoyable when exchanged for players who help you win football games.

THE QUESTION: Is the starting lineup deep enough to justify the premium capital already spent?

6

THE WOLF ON RUBIN STREET

WINDOW: Ascending Contender

DRAFT WEEKEND: Eight selections, including 1.01 Jeremiyah Love

FUTURE FLEXIBILITY: Strong and increasingly inconvenient

The Wolf arrived at the rookie draft with a shopping cart. Jeremiyah Love came first, Nicholas Singleton followed, and six more rookies were added before security could intervene. The result is a roster that suddenly combines Jordan Love, Cam Ward, Marvin Harrison Jr., Rashee Rice, A.J. Brown and Jordan Addison with one of the league's largest incoming classes.

The defensive line may be even more frightening. Myles Garrett and Jared Verse now share space with Peter Woods, Mykel Williams and Shemar Stewart. In Sweats scoring, that is less a position group and more a collection agency.

Tight end and linebacker depth leave questions, but few teams gained more upside during draft weekend.

THE QUESTION: Is this team arriving one year early, or has the window already been kicked open?

7

JUST PURDY

WINDOW: Strong Contender

DRAFT WEEKEND: Jadarian Price, Eli Stowers, Malachi Fields and AJ Haulcy

FUTURE FLEXIBILITY: Fully stocked

Joe Burrow and Brock Purdy give Just Purdy the kind of quarterback stability that allows a manager to spend August thinking about things other than quarterback stability. Kenneth Walker and D'Andre Swift supply a reliable backfield, while George Pickens, Zay Flowers and Sam LaPorta give the offense weekly upside.

The IDP group lacks a single Parsons-level wrecking ball but offers tremendous depth through Brian Burns, Rashan Gary, Edgerrin Cooper, Zaire Franklin, Devon Witherspoon and Cooper DeJean. The rookie class adds useful pieces without being asked to save the franchise immediately.

This team's greatest weakness may be that it is sensible, and sensible teams are rarely appreciated until they have quietly won ten games.

THE QUESTION: Is there enough top-end star power to turn consistency into a championship?

TIER III - PLAYOFF TEAMS WITH UNRESOLVED PAPERWORK

8

OFF TO GRANDMA

WINDOW: Dangerous Contender

DRAFT WEEKEND: Anthony Hill, Taylen Green and Chris Brazzell

FUTURE FLEXIBILITY: Two 2027 firsts and the emotional capacity to use them

Jalen Hurts, Jahmyr Gibbs, Kyren Williams and Trey McBride form an elite four-player spine. Tee Higgins, Jaylen Waddle, Michael Pittman and Davante Adams give the receiver room depth, while Tuli Tuipulotu, Antoine Winfield Jr. and rookie Anthony Hill offer legitimate defensive upside.

The problem is QB2, where the current strategy appears to be collecting every uncertain young quarterback and hoping one emerges from the fog. Spencer Rattler, Jalen Milroe, Quinn Ewers, Riley Leonard and Taylen Green provide possibilities. Possibilities are wonderful. Starting quarterbacks are generally preferable.

The good news is that two 2027 firsts can solve many problems, including those created by trading first-round picks.

THE QUESTION: Does a reliable QB2 emerge naturally, or does another uncomfortable trade become inevitable?

9

THREE NIX NINE

WINDOW: Ascending

DRAFT WEEKEND: Jordyn Tyson, Kaytron Allen, Gergie Bernard and Michael Trigg

FUTURE FLEXIBILITY: Two 2027 firsts and two seconds

C.J. Stroud and Bo Nix give Three Nix Nine one of the league's better young quarterback pairings. Omarion Hampton and RJ Harvey create an ascending backfield, while Garrett Wilson, Jameson Williams and rookie Jordyn Tyson give the receiver room meaningful upside.

The IDP unit is less complete. Greg Rousseau and Jack Campbell are excellent starting points, but the depth behind them needs either development or intervention. Fortunately, the franchise possesses enough 2027 draft capital to choose between patience and aggression several times over.

Trust Me Bro, Analytics reports that extra first-round picks increase confidence by 38% and unsolicited trade proposals by 240%.

THE QUESTION: Will the draft capital be allowed to mature, or will it be converted into immediate help?

10

YOU LIKE THAT

WINDOW: Win Now

DRAFT WEEKEND: Arvell Reese, Keldric Faulk, Dillon Thieneman and Terrill Davis

FUTURE FLEXIBILITY: Intact

Dak Prescott, Matthew Stafford, Saquon Barkley, Amon-Ra St. Brown, George Kittle and Travis Kelce make the strategy obvious: win now, preferably before several birth certificates become relevant.

Then came the rookie draft, where You Like That invested heavily in defensive youth. Arvell Reese, Keldric Faulk and Dillon Thieneman attack all three required IDP positions and may eventually turn the defense into a major strength. The phrase "may eventually" is doing substantial work because rookie defenders are often subjected to coaching decisions, snap rotations and other offenses against fantasy managers.

The ceiling remains championship-caliber. The floor depends on health and how quickly the rookie defense arrives.

THE QUESTION: Can the new defenders mature before the veteran offense begins returning items under warranty?

11

THE WEEKEND LOVERS

WINDOW: Win Now

DRAFT WEEKEND: Rueben Bain, Antonio Williams, Zachariah Branch and Cashius Howell

FUTURE FLEXIBILITY: Adequate

Christian McCaffrey and Josh Jacobs remain a formidable backfield. Trevor Lawrence and Baker Mayfield form a credible Superflex pair, while DeVonta Smith, Courtland Sutton, Deebo Samuel and Stefon Diggs offer substantial receiver depth.

The roster is experienced, which is the respectful preseason term for "we will be monitoring the injury report." Rueben Bain was a bold first-round investment in an IDP format that rewards destructive plays, and Carson Schwesinger and Daiyan Henley give the linebacker group a strong base.

This team can beat nearly anyone when healthy. The issue is that "when healthy" has ended more fantasy arguments than actual evidence ever has.

THE QUESTION: Does the veteran core have one more complete title run left in it?

TIER IV - BUILDING SOMETHING, ALTHOUGH INSPECTIONS REMAIN PENDING

12

SHOUGH N SONS ELECTRIC CO

WINDOW: Ascending Rebuild

DRAFT WEEKEND: Seven selections, led by Carnell Tate and Kenyon Sadiq

FUTURE FLEXIBILITY: Two 2027 firsts

The orphan recovery project is beginning to resemble an actual franchise plan. Justin Herbert is the cornerstone quarterback. TreVeyon Henderson supplies young backfield upside. Chris Olave now has Carnell Tate and Denzel Boston joining the long-term receiver room, while Kenyon Sadiq could become the tight-end solution.

The defense already possesses serious foundational pieces in Nick Bosa, Jalen Carter and Kyle Hamilton. The immediate lineup remains too young and incomplete to threaten the top tier, particularly behind Herbert and through the linebacker spots, but the direction is coherent.

That sentence alone represents meaningful progress from "traded a first for Geno Smith."

THE QUESTION: Which arrives first - the young players or the patience required to develop them?

13

TYREEK CHILD SUPPORT

WINDOW: Retooling

DRAFT WEEKEND: Makai Lemon, Emmett Johnson and three defensive prospects

FUTURE FLEXIBILITY: Intact

Josh Allen and Ashton Jeanty are the type of assets around which entire franchises can be built. Maxx Crosby and T.J. Watt provide an outrageous pass-rushing tandem, and Makai Lemon gives the receiver room badly needed youth.

The difficulty is everything between the stars. Shedeur Sanders remains the primary QB2 hope, the veteran receiver group carries uncertainty, and the tight-end room offers little advantage. Allen can cover many structural problems because he is Josh Allen. Asking him to cover all of them begins to feel less like roster construction and more like a workplace violation.

There is enough here to improve quickly, but the bridge back to contention still requires traffic.

THE QUESTION: Can the franchise locate a second quarterback before wasting elite years from its best players?

14

OF MICE AND MENDOZAS

WINDOW: Full Rebuild

DRAFT WEEKEND: Ten selections and possibly a minor census operation

FUTURE FLEXIBILITY: The deepest reserve of picks in Sweats

This ranking is about readiness, not long-term value. Of Mice and Mendozas is not built to win the 2026 championship. It may, however, be building one of the league's most interesting future rosters.

Fernando Mendoza and Ty Simpson join Jaxson Dart in the quarterback development laboratory. KC Concepcion adds a young receiver, while Sonny Styles, Caleb Downs and CJ Allen provide a substantial defensive foundation. Ten rookies arrived in total, accompanied by a future-pick collection large enough to require its own filing cabinet.

The current running-back and receiver groups remain too speculative for an immediate run. That is not a criticism of the plan; it is simply why the standings begin at zero.

THE QUESTION: Which young players become cornerstones, and when does the asset collection begin turning into established production?

THE BOARD

#	FRANCHISE	McROSTERFACE CLASSIFICATION
1	Jsquared	The Crown
2	Poultry Science	Proven Contender
3	handyjallday	Loaded Contender
4	MayeTHEforceBewithMe	Receiver Superpower
5	The Dudes	Fully Armed
6	The Wolf on Rubin Street	Rising Fast
7	Just Purdy	Quietly Dangerous
8	Off to Grandma	One QB Away
9	Three Nix Nine	Assets in Motion
10	You Like That	Win-Now Experiment
11	The Weekend Lovers	Veteran Last Dance
12	Shough n Sons Electric Co	Construction Underway
13	Tyreek Child Support	Stars Seeking Help
14	Of Mice and Mendozas	Future Department

THIS WEEK'S SCHEDULE

LEAGUE-WIDE BYE

ALL FOURTEEN FRANCHISES REMAIN UNDEFEATED

There are no Sweats matchups during Week -1. All fourteen teams remain undefeated, although several have already been declared overrated by anonymous league sources.

Regular team-versus-team schedule coverage begins with the opening-week edition. Each slate will appear here before McRosterface selects one game for excessive analysis and an unnecessary nickname.

POST-DRAFT HONORS

DRAFT WEEKEND CHAMPION

The Wolf on Rubin Street

The 1.01 is supposed to improve a roster. Adding seven more rookies afterward borders on annexation. Jeremiah Love and Nicholas Singleton remake the running-back room, while Peter Woods joins an already terrifying defensive front.

MOST COMMITTED REBUILD

Of Mice and Mendozas

Ten rookie selections, multiple developmental quarterbacks and a warehouse of future picks. The rebuild is no longer a strategy; it is an incorporated municipality.

BOLDEST IDP BET

You Like That

A first-round linebacker, a second-round defensive lineman and a third-round defensive back. This is either the moment Sweats finally learned how to draft IDPs or the beginning of a documentary about collective overconfidence.

MOST IMPROVED LONG-TERM OUTLOOK

Shough n Sons Electric Co

Carnell Tate, Kenyon Sadiq and Denzel Boston join two future first-round picks and a young core that finally appears to be moving in one direction.

THE 'OUR ROSTER WAS ALREADY FULL' AWARD

Jsquared and handyjallday

Neither franchise made a rookie selection. One is the defending champion. The other is ranked third. Unfortunately, arrogance becomes confidence when the roster is good enough.

MATCHUP OF THE WEEK

THE PRESEASON CLASSIC

ROOKIE HYPE
vs.
TRAINING CAMP REALITY

Rookie Hype enters as a substantial favorite after an undefeated spring in which every player was reportedly in the best shape of his life, learning the playbook quickly and impressing coaches with his maturity. Training Camp Reality counters with veteran depth charts, pass-protection assignments, rotational defensive packages and coaches who insist on playing less exciting people.

The key battle will occur at IDP, where several Sweats managers have already projected rookies into full-time roles based on draft capital, college production and one photograph from organized team activities.

Our model gives Rookie Hype a 91% chance of winning July and Training Camp Reality a 78% chance of ruining at least three taxi-squad plans by September.

McRosterface's prediction: Reality wins late, but nobody admits it until Week 4.



TRADE RUMOR MILL

The following information is speculative, lightly researched and attributed to sources who may simply be voices from the company break room.

League executives continue monitoring the Off to Grandma quarterback room, where an abundance of candidates has yet to produce a trustworthy QB2. With two 2027 firsts available, the franchise possesses both the need and the ammunition required to make everyone uncomfortable.

Three Nix Nine and Shough n Sons Electric Co also enter the preseason holding multiple 2027 first-round selections. Both could remain patient. Neither will be permitted to do so without receiving six trade offers per week.

Meanwhile, Of Mice and Mendozas now controls enough rookies and future picks that consolidation feels inevitable. The question is whether those assets are eventually exchanged for established players or preserved in a climate-controlled vault beneath the stadium.

At the opposite end, Jsquared and handyjallday possess championship rosters with limited 2027 premium capital. Translation: when injuries arrive, the remaining future picks may begin hearing footsteps.

FINAL WORD

The post-draft standings remain perfectly tied, which means this is the final moment of the season when all fourteen franchises can plausibly claim their plan is working. The contenders believe they have widened the gap. The rebuilders believe they have shortened the timeline. The middle class believes it is one transaction away from becoming either of those things.

Training camp will provide answers. Preseason games will provide overreactions. Trust Me Bro, Analytics will provide certainty regardless of whether either has provided evidence.

*These rankings are final, indisputable
and guaranteed to age horribly.*

*Until next week... remember: championships are won
on Sundays, but arguments about power rankings are
won immediately after they are published.*

- Roster McRosterface

SPECIAL FEATURE / LOCKER-ROOM TESTIMONIAL

Meet Roster McRosterface

The man, the myth, the 20-time preseason favorite

Before he could rank the league, misread its IDP trades and blame reality for failing to cooperate with his projections, Sweats Only first had to meet its new Senior Dynasty Correspondent. What follows is an authorized biography, an unauthorized locker-room oral history and the most complete account yet of a man who abandoned real sports journalism after discovering that fantasy football permits far more certainty with considerably less evidence.

Roster McRosterface arrived at Sweats headquarters carrying a weathered clipboard, wearing dark sunglasses indoors and displaying the relaxed confidence of a man whose conclusions had never been burdened by peer review.

He introduced himself as a journalist, analyst and "independent football intelligence professional." A review of his credentials confirmed that at least one of those descriptions had appeared on a business card.

McRosterface was raised in the small industrial town of Depth Chart, Pennsylvania, where his father worked nights at a paper mill and his mother operated what he describes as "the region's first analytics-forward bake sale." According to McRosterface, his childhood was spent studying box scores, organizing neighborhood football games and assigning trade values to the other children's bicycles.

He later attended the North Central Institute of Sports Journalism and Turf Management, a small fictional college known primarily for its communications program, declining intramural participation and willingness to admit applicants who attached fantasy rankings to their entrance essays.

McRosterface majored in Sports Journalism with a minor in Applied Overconfidence. His senior thesis, *Fourth-Quarter Momentum: Real Phenomenon or Something Broadcasters Say When They Have Run Out of Information?*, received a B-minus and a handwritten note from his professor that read simply:

OFFICIAL PERSONNEL FILE



HOMETOWN
Depth Chart, Pennsylvania

ALMA MATER
North Central Institute of Sports
Journalism and Turf Management

FIELD OF STUDY
Sports Journalism; minor in Applied
Overconfidence

CAREER RECORD
20 preseason titles; 0 actual
championships

FAMILY STATUS
Mutually agreed long-term roster
reset

CURRENT OFFICE
A converted garage with unreliable
heating

"You cannot cite yourself seventeen times."

McRosterface has disputed the grade ever since.

THE MAKING OF A FANTASY JOURNALIST

Following graduation, he took a position with the Tri-County Athletic Ledger, where he was assigned to cover high school football, minor-league baseball and whichever local sporting events had not already been claimed by reporters with functioning automobiles.

His early career showed promise. He filed clean copy, met most deadlines and once correctly predicted that a football team leading by twenty-eight points at halftime would probably win.

Problems began when McRosterface started applying fantasy-football logic to real sports.

He repeatedly questioned coaches about target shares, criticized a baseball manager for refusing to trade an aging pitcher for future draft capital and asked a high school athletic director whether a sophomore running back could be moved to the taxi squad. His press credentials were temporarily suspended after he interrupted a postgame news conference to suggest that a team's starting quarterback had become "a declining dynasty asset."

The final break came during a regional basketball tournament. McRosterface submitted a game story that contained only three paragraphs about the actual contest and nearly two thousand words ranking the players according to their theoretical value in a fourteen-team Superflex league.

The Ledger reassigned him to obituaries.

McRosterface responded by ranking those as well.

He left traditional sports journalism shortly afterward, explaining that real sports had become "too focused on final scores and not sufficiently interested in hypothetical future value."

"Real sports insist on declaring winners after the games. Fantasy football gives an analyst the freedom to declare them in July."

Fantasy football offered an escape.

Here was a world in which a writer did not require locker-room access, coaching sources or even definitive evidence. He could analyze football from his basement, declare winners and losers immediately after transactions and then explain six months later that his process had been correct even when every prediction was wrong.

He had found his calling.

McRosterface launched his first fantasy column from a folding table beside the washing machine. The publication, originally titled Roster's Roster Report, attracted eleven readers, three of whom were attempting to unsubscribe.

Its defining moment came when McRosterface named himself the preseason favorite in a home league despite having finished last the previous year. When challenged, he argued that preseason championships should be tracked separately from regular

championships because they measured "roster quality uncontaminated by results."

That was twenty seasons ago.

McRosterface has been the preseason favorite every year since.

He has won zero actual championships.

THE PERSONAL COST OF THE PROCESS

His dedication came at a personal cost.

His former wife initially tolerated the draft boards covering the dining-room walls, the emergency trade negotiations during family dinners and the annual conversion of the children's playroom into what McRosterface called the "Waiver Operations Center."

The relationship reportedly deteriorated after he missed their anniversary dinner because a backup running back had been declared questionable.

According to family acquaintances, the final argument began when McRosterface attempted to describe the marriage as "a veteran asset entering a difficult age curve."

His wife and children left shortly afterward.

McRosterface refers to the separation as a "mutually agreed long-term roster reset." Court documents reportedly use different language.

He insists that he remains close with his children, although neither has responded to the dynasty rankings he sends them every August. One source claims he once ranked their birthdays according to strength of schedule. Another alleges that he tried to trade alternating weekends for additional Christmas-morning draft capital.

McRosterface denies the second allegation.

He says the offer also included a conditional third.

TRUST ME BRO, ANALYTICS

Following the divorce, McRosterface devoted himself completely to fantasy analysis. He sold the family dining table, purchased six additional monitors and formally established Trust Me Bro, Analytics inside a converted garage with unreliable heating.

The company's stated mission is to advance fantasy-football research through proprietary metrics, independent analysis and charts that become increasingly difficult to question when printed in color. Its accreditation remains pending with several agencies that may not exist.

Among McRosterface's most celebrated statistical innovations are: Vibes Above Replacement, measuring confidence immediately after a transaction;

Adjusted Excuse Rate, measuring how quickly injuries replace roster construction as the explanation for losing; and Projected Future Championship Proximity, which has classified every rebuilding team as approximately two years away since 2017.

McRosterface claims he was invited to Sweats Only to bring institutional credibility, independent analysis and professional journalistic standards to the league. League sources maintain that he appointed himself, created his own title and began writing rankings before anyone had agreed to publish them.

Either way, he entered the Sweats locker room before Issue No. 001 carrying his clipboard, wearing his Trust Me Bro, Analytics badge and searching for answers. He wanted to determine which teams were genuine contenders, which rebuilds possessed an actual plan and whether anyone in Sweats had developed a reliable system for valuing defensive players.

The answer to that final question remains no.

Before McRosterface could begin asking questions, however, the league had a few statements of its own.

SHOUGH N SONS ELECTRIC CO

Shough n Sons approached the rookie draft with clear needs, a long-term plan and a refreshingly measured assessment of the resulting class.

"Overall I'm very happy with the draft. I was excited to see Carnell Tate drop to the fifth pick as he was my main target. I also needed a tight end and I am happy with getting Kenyon Sadiq. He may struggle since the Jets don't have a good QB, but I'm hoping he will exceed expectations. Hopefully Denzel Boston can make some things happen this season as well. With some time to grow, I think these players can become a benefit to my team in the years to come, if not right away."

- Shough n Sons Electric Co.

This was a thoughtful explanation of a patient rebuild, delivered with the cautious optimism of a manager who understands development timelines and positional needs.

Shortly afterward, the franchise issued a second, more concise scouting report:

"My team fuckin sucks."

- Shough n Sons Electric Co.

McRosterface has elected to treat both statements as equally authoritative.

Shough n Sons later identified the league's best rookie draft:

"handyjallday had best draft."

- Shough n Sons Electric Co.

Handyjallday made no selections.

Trust Me Bro, Analytics classified this as advanced satire - or the first recorded case of winning a rookie draft by refusing to participate.

HANDYJALLDAY

Handyjallday entered the offseason with Patrick Mahomes, Justin Jefferson, De'Von Achane and Micah Parsons, then watched the rookie draft from a safe distance while everyone else attempted to improve.

The franchise's official statement was brief:

"I'm ready to fucking sweat."

- handyjallday

No further clarification was required. This is, after all, Sweats Only.

Despite ranking near the top of McRosterface's preseason board, the franchise immediately submitted a modest request to the marketplace:

"Someone trade me a starting qb for nothing."

- handyjallday

Sources report that negotiations remain stalled over the restrictive "for nothing" component. Several managers have expressed openness to sending a starting quarterback in exchange for something, which league attorneys believe represents a fundamentally different proposal.

McRosterface respects the honesty. Most teams disguise desperation beneath terms such as "exploring options," "gauging the market" or "just seeing what's out there." Handyjallday simply walked into the room, pointed at the quarterback shelf and asked whether any were free.

THE DRAFT ROOM GRIEVANCES

Not every manager left draft weekend eager to discuss prospects.

Several members instead used their locker-room interviews to raise concerns about the conduct of their fellow franchises - specifically the decision by certain managers to place their rookie classes in the hands of Sleeper's auto-draft system.

The criticism was less about the resulting selections and more about principle. Sweats managers had spent months watching film, reading scouting reports, debating IDP rankings and convincing themselves that a fourth-round defensive back was a foundational asset. Watching another franchise allow an algorithm to make its selections was therefore received as a personal attack on the entire concept of overpreparation.

"Auto-drafting is an affront to the sanctity of pretending we know more than Sleeper."

- Anonymous locker-room grievance

Another manager questioned whether auto-drafted teams should be eligible for post-draft grades, arguing that the software - not the manager - had earned the credit.

The company rejected that proposal after realizing it might have to explain why an automated system drafted more successfully than several humans.

The draft clock generated an entirely separate category of complaints.

The league's 24-hour selection window was designed to accommodate busy schedules, allow proper trade negotiations and ensure nobody had to make an important dynasty decision while standing in line at the grocery store. Certain managers interpreted this not as a maximum allowance, but as a legally protected minimum.

League members described spending entire afternoons refreshing Sleeper, watching the clock fall from twenty-three hours to twenty-two, then twenty-one, while the manager on the clock presumably entered a period of silent contemplation normally reserved for papal elections.

No specific franchises were publicly named. This was partly out of respect and partly because everyone knew exactly who was being discussed.

McRosterface has proposed a compromise for future drafts: managers may use the full 24 hours; other managers may complain for the full 24 hours; and both activities will be classified as essential league business.

Trust Me Bro, Analytics estimates that every additional hour spent on the clock increases the likelihood of selecting the player everyone expected by approximately 0.0%.

OFF TO GRANDMA

Off to Grandma recently placed Josh Sweat and Montez Sweat on the trading block.

The Weekend Lovers immediately responded:

"That's a lot of Sweat."

- The Weekend Lovers

This was the most accurate piece of analysis produced anywhere in the league this offseason.

The company confirmed that two players named Sweat do, in fact, constitute more Sweat than one. Researchers are examining whether acquiring both would violate the league's implied roster limit on thematic defensive linemen.

Off to Grandma's quarterback room remains the subject of considerable preseason interest, but the franchise has already secured an early lead in the category of trades most likely to produce an unavoidable headline.

Should both players be moved in the same transaction, The Dynasty Dispatch has pre-approved the phrase "Sweat Equity."

Journalistic preparation matters.

THE WOLF ON RUBIN STREET

Before ultimately selecting Jeremiyah Love with the first overall pick, The Wolf on Rubin Street briefly placed the 1.01 on the trade block.

Of Mice and Mendozas later recalled one rejected proposal:

"An offer of (Jaxon) Dart plus two firsts wasn't good enough if I recall."

- Of Mice and Mendozas

The statement was followed by the internationally recognized emoji for I remain completely normal about this negotiation.

The Wolf eventually retained the selection and drafted Love, then continued adding rookies until the draft board began resembling a grocery receipt. Whether rejecting the offer was an act of conviction, greed or a profound belief that no number of future firsts could replace the emotional satisfaction of announcing the 1.01 remains unknown.

McRosterface requested access to the negotiations for investigative purposes. Both sides declined, citing the risk that he would assign trade grades before understanding what happened.

A reasonable concern.

JSQUARED

The defending champion entered the rookie draft without a selection and left without one, an outcome that somehow strengthened its confidence.

"Went into the draft with no picks but not feeling like I missed out on anything losing pick 14, and feeling better about my team this year than last year."

- Jsquared

This is precisely the type of statement a defending champion is allowed to make and everyone else is required to find annoying.

Jsquared watched fifty-six rookies enter the league, surveyed a roster featuring Caleb Williams, Kyler Murray, Jonathan Taylor, Derrick Henry, CeeDee Lamb, Jaxon Smith-Njigba, Drake London and Brock Bowers, and concluded that no assistance was necessary.

The company refers to this condition as Post-Championship Roster Satisfaction Syndrome: ignoring rookie rankings, discussing traded draft capital casually and placing the trophy somewhere visible during negotiations.

The prognosis is excellent until somebody gets injured.

OF MICE AND MENDOZAS

No franchise embraced the 2026 rookie class more aggressively than Of Mice and Mendozas, which made ten selections and appears prepared to operate its own developmental league.

The strategy was explained as follows:

"This draft was all about trying to solve most things besides RB. They say defense wins championships... we'll see if I got good value on that side of the ball over the next couple of seasons. All hail Fernando Mendoza for he has come to save our team."

- Of Mice and Mendozas

The first two sentences represent a rational explanation of roster construction. The final sentence confirms that rookie fever has progressed from optimism to organized religion.

Fernando Mendoza now enters training camp carrying the normal expectations assigned to a young quarterback: develop steadily, learn the offense and rescue an entire dynasty franchise from the wilderness.

The defensive class includes Sonny Styles, Caleb Downs and CJ Allen, giving Of Mice and Mendozas one of the league's largest experiments in rookie IDP valuation. The results may eventually prove visionary.

They may also prove that everyone in Sweats remains roughly two podcast episodes away from changing their entire defensive philosophy.

McRosterface supports the approach. Not because the evidence is conclusive, but because ten rookies produce enough material to sustain several months of confident analysis.

THE AUTHOR RESPONDS

When informed that one manager believed his team was terrible, another wanted a free quarterback, several were unhappy with auto-drafters and an unidentified group had apparently used the entire pick clock to contemplate selections everyone already knew were coming, McRosterface nodded thoughtfully.

"This is exactly the kind of measured, disciplined environment I expected."

- Roster McRosterface

Asked whether the locker-room testimony had changed any of his power rankings, McRosterface adjusted his sunglasses.

"Absolutely not. The rankings are based on proprietary data, film study and several metrics that cannot be disclosed for competitive reasons."

- Roster McRosterface

Trust Me Bro, Analytics was asked to provide those metrics.

It produced a clipboard containing three bar graphs, a hand-drawn football and the phrase "vibes adjusted for strength of schedule."

McRosterface considered the matter closed.

He then turned toward the league and offered one final introduction:

"I am not here to make friends. I am here to rank your teams, misunderstand your IDP trades and explain afterward why reality failed to cooperate with my predictions."

- Roster McRosterface

At press time, Sweats Only had not formally welcomed its new Senior Dynasty Correspondent.

It had, however, already given him enough material for an entire season.

THE END - UNTIL THE NEXT TRADE OFFER, CLOCK COMPLAINT OR UNVERIFIED RUMOR

IN THE NEXT ISSUE...

ISSUE NO. 002 / TRAINING CAMP HYPE EDITION

The pads come on, the depth charts begin lying to us, and every rookie is suddenly either a future star or a catastrophic miss.

● PRESEASON HYPE

Camp reports, depth-chart whispers and the annual parade of players entering the best shape of their lives.

● UPDATED POWER RANKINGS

A fresh league order after the first wave of camp news, injuries, overreactions and carefully selected evidence.

● ROOKIE CLASS DEEP DIVE

Who's earning first-team reps, who's buried on the depth chart and who's already been declared a future Hall of Famer.

**MORE HYPE. MORE RANKINGS. MORE EVIDENCE
SELECTIVELY INTERPRETED.**